

**TRI-CITIES SENIORS PLANNING NETWORK**  
**Minutes of Meeting**  
**Tuesday, October 18, 2016 / 1:00 to 3:00 pm**  
**Poirier Library – Boardroom**

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**Chair:** King Lum

**Minutes:** Stacy Ashton

**Attendance:** Massi Rackshion (Safe Care Home); Bruce Bird (CARP); Roland Mitchell (Wilson Centre); Ken Kuhn (BC Retired Teachers Association); Pat McBlane (senior); Judith Castillo (Tri-Cities Cleaning); Bill Lawrie (senior); Rhoda Linfoot (senior); Rosemarie Hoefsloot (senior); Jeanne Goodrick (senior); Mary Ong (Investor's Group & faith community); Brenda Hynes (Tri-Cities Mental Health); Alison Michie (A2B Driving Services); Karen Martin (A2B Driving Services)

**Approval of minutes - Approved**

**Old Business**

***Letters of support for Isobel Mackenzie***

- Ken read the letter of support prepared by himself for the leaders of the provincial parties to express our thanks for Isobel Mackenzie's participation in our Seniors Housing Forum
- Letter approved with minor revisions
- Letter attached to minutes (below)
- **Action:** Stacy to send to leaders of provincial parties and cc to Isobel Mackenzie

***Administrative Assistant***

- Two people have applied, both are qualified for the position
- **Action:** Stacy to set up interviews with candidates with Karen & Rosemarie

***Political Forum***

- Ken presented minutes of committee meeting to plan Political Forum
- Election is expected to be on May 9, 2016
- Committee meeting minutes attached (below)
- North Fraser CARP offered to co-host meeting (have 604 members)
- Seeking additional members to join planning committee
  - o Massi and Judith will join
  - o Next Committee meeting is Wednesday, November 16, 2016; 1:00 pm; Coquitlam Poirier Library Meeting Room at East End of Library
- Seeking input on Forum decisions:
  - o Venue: Determine first choice regardless of cost; seek sponsor to cover cost of space
  - o Timing: First week of April; from 1pm to 4pm on a weekday
  - o Length of Time: 3 hours
  - o Food: Coffee, water, and healthy snacks

## New Business

### Newsletter

- Ken presented on the TCSPN newsletter
- Goal is to send one out once every couple of months
- Could offer advertising/sponsorship to generate revenue
- Currently virtual, but could print and distribute physically to community gathering spaces
- Could ask community centres (e.g. Wilson Centre, Glen Pine) to print e-copies of the newsletter and distribute them at their location
- Will ask individual seniors to pick up printed newsletters from TCSPN networks and leave them at local places (doctors offices, churches)
- Will encourage TCSPN members to print and leave copies in their community
- Could ask MLAs if they are willing to print for us although we would not be able to credit them for this donation in any way especially prior to election
- Roland has a contact for a person who is building a virtual magazine stand and announcements for the TriCities area
- Ken is requesting TCSPN members to send in items for the newsletter
- **Action:** Administrative Assistant to get our newsletter and information up on the City websites

### Branded Banner and Table Display

- Look at designing:
  - o Tablecloth
  - o Roll up banner with stand
  - o Sign for hanging on walls
  - o Brochure to be printed (check Fiverr to have a professional design)
- Administrative assistant will coordinate logistics of producing materials
- Pat will contact Natasha, who designed our logo, to design a banner
- Massi estimates tablecloth at \$189 and pull up display at \$300; will check prices
- **Motion: To approve \$1,000 to cover costs of branded materials and printed brochures.**
  - o **Moved: Pat; Seconded: Massi; Passed**

### Updates

- King will be part of the Seniors Focus Group convened by the provincial government
- Wilson Centre's Lunch Bunch Dementia program is scheduled to begin; seeking participants with mild to moderate dementia
- Crossroads has an info session for their adult grief support group at Glen Pine Pavilion, 6-8pm on Weds Oct 19
- Crossroads is selling tickets for their Treasures of Christmas raffle
- Judith left a ticket for the Business Showcase on Tuesday Oct 18
- Mary offered two complimentary tickets for Comedy Tonight for Weds Oct 19 courtesy of Investors Group

**Next Meeting:** Tuesday November 15 / 1pm to 3pm  
Poirier Library Boardroom

**ADDENDUM 1:**

Letter to Christy Clark

Additional Letters Sent to: Andrew Weaver, John Horgan, Isobel Mackenzie

Dear Premier Clark:

We are writing to you to affirm the importance towards supporting seniors of the role and position of the BC Seniors Advocate. The person who holds this important position speaks for the growing seniors' population in our province on topics such as housing, transportation, healthcare, and income support. Seniors represented 17.5 percent of the BC population in 2015 and is expected to grow to 24 percent by 2030—only fourteen years away.

The Office of the BC Seniors Advocate has done and continues to do extensive research throughout BC talking and listening to seniors to determine the facts on the plight of seniors in this province. In addition, Isobel Mackenzie spoke in the Tri-Cities at a Seniors Forum on March 27, 2015, hosted by the Coquitlam Retired Teachers' Association where she spoke on seniors' services, access to housing, transportation and accessibility, healthcare services, and home support services. In attendance were the local MLAs and MPs and local mayors who also spoke on these seniors' topics.

Recently, on April 20, 2016, Isobel Mackenzie returned to the Tri-Cities and spoke at "Living Where You Want—A Senior's Housing Forum" sponsored by the Tri-Cities Seniors' Planning Network and CARP. At this forum, that had 150 local seniors and advocates and local MLA's and MPs in attendance, she shared her research and facts on senior's housing in our province. The work by the Office of the BC Seniors Advocate, in our opinion, is invaluable for governments to do future planning for seniors' issues in BC.

We want to thank you for your support of the Office of the BC Seniors Advocate and we encourage you to continue to support this role. Our Network supports her recommendations and we anticipate that they be used to help government make decisions and policy regarding the many seniors' issues in BC.

Sincerely,

Tri-Cities Seniors Planning Network

cc Seniors Advocate Isobel Mackenzie

## ADDENDUM 2

### Tri-Cities BC Election Forum

Hosted by the Tri-Cities Seniors' Planning Network  
Discussion Points from October 5<sup>th</sup>, 2016 Meeting

#### Timeline for Planning:

- Planning Committee Meeting—October 5<sup>th</sup>, 2016 Poirier Library Meeting Room
  - In attendance Bill Lawrie, Bruce Bird, Ken Kuhn
- Next Planning Committee Meeting—**Wednesday, November 16, 2016 Poirier Library**
- Tri-Cities Seniors Network Political Forum—date? Probably first week of April
  - School Spring Vacation—March 13 to 24, 2017
  - Possibility of a “Saturday”?? Election Forum for Seniors
  - Most seniors prefer weekday, probably 1:00 to 4:00 pm
  - How far in advance of the election? About a month
- Length of the Forum? Probably about 3 hours
- BC Election—May 9<sup>th</sup>, 2017

#### Location Possibilities: (needs to be central in Tri-Cities, bus or Skytrain route)

To be determined by Planning Committee

- Gleneagle Secondary School Gym Pro-D Day avail Fri, Apr. 21 Too late
  - Poor parking, on bus route
- Pinetree Secondary School Gym Pro-D Day avail Fri, Feb 24 & Fri, Apr. 21
  - Douglas College, pay parking across the street, on Skytrain route Too late/early
- Port Moody Inlet Centre good parking, on bus route, fairly central, seat 150 max.
- Evergreen Centre parking is poor, on Skytrain route, expensive
- Wilson Centre lots of parking, on bus route, not central, programs already booked
- Terry Fox Theatre lots of parking, not central, not on bus route
- Winslow Centre lots of parking, not on bus route, complaints from last Forum
- Hotels, (Executive Plaza Hotel, Coquitlam), Golf Clubs (usually not on bus routes)

#### Guests:

Political candidates running for the provincial legislature from the Tri-Cities. All candidates from all parties in the Tri-Cities would be invited from all four ridings:

- Coquitlam-Burke Mountain
- Coquitlam-Maillardville
- Port Moody-Coquitlam
- Port Coquitlam

#### Attendees:

Open to all but focussed on seniors from the Tri-Cities. Advertising would be done at seniors' centre locations, e-mail, newsletter, Tri-Cities newspaper, website, etc.

#### Format:

Moderator would present an issue statement followed by specific facts to candidates. Then a draw would determine which riding candidates would be chosen to respond to the statement.

(Bruce's recommendation to speed up the process, not have repetitive responses, and to speed up the process.) Candidates responding would have a timed response allocation.

**Top Issue Statement Topics:**

- Access to Health Care, Wait-lists for key surgeries (hip or knee replacements), MRIs
- Homeowner Expense Deferral Grant, deferral of maintenance & repair costs to homes
- Integrated Health Care Model for Seniors, supporting seniors in their homes
- Transportation Issues, Drivers' Medical Exam Report (DMER), HandyDart services
- Support for caregivers of seniors with Dementia/Alzheimer's Disease
- Canada Health Accord Renegotiation & Funding
- National Pharmacare program
- Recommendations from the Office of the BC Seniors Advocate
- Seniors Issues in the Tri-Cities
- End-of-Life & Palliative Care?
- Education?

**Sponsorships & Giveaways:**

- Exhibitors around the borders of side & back of audience
- Giveaways to all participants, TCSPN Information, BC Seniors Guide, Seniors Advocate Annual Report, snack, pad of paper, pen, etc.
- Sponsorships to pay for location? Coffee & refreshments?
- Bruce mentioned that the North Fraser Chapter of CARP will be willing to co-host (they have about 600 members)
- Table would be available to political candidates to display their materials—either by party or by riding (to be determined)

**Next Meeting: Wednesday, November 16, 2016 1:00 pm**  
**Coquitlam Poirier Library Meeting Room at East End of Library**

**Other members are invited to attend if you would like to be involved.**

**Agenda Items:**

- **Determine location**
- **Determine date to inform candidates & parties**
- **Sponsors**
- **Exhibitors**
- **Advertising**
- **Delegation of responsibilities**