

TRI-CITIES SENIORS PLANNING NETWORK

Minutes of Meeting Tuesday, February 16, 2016 - 1:00 - 3:00 pm City Centre Library, Boardroom 1169 Pinetree Way, Coquitlam

Attendees:

Stacy Ashton
Massi Bakhshian
Bruce Bird
King Lum, Chair
Roland Mitchell
Irene Turnbull
Karen Tyrell

Regrets:

Ken Kuhn

Introductions

Welcome to new members and guests.

Agenda

- Accepted with no changes

Guest Speaker

**Susan Foster, Tri-Cities Early Childhood Development Community Development Co-ordinator
Ministry of Children and Family Development**

- Committee developed a new strategic plan and one priority is to connect with seniors to create intergenerational programs
- Committee has been in place for ten years with Susan as the coordinator
- Key goals have been school readiness and health
- Four key priorities:
 - Professional development of ECE workers
 - Healthy living/screen smart – to use screen time in healthy ways
 - Partnerships within municipalities and business community (child-friendly businesses)
 - Neighbourhood connections to connect kids to families and schools – but neighbours don't know each other
- Intergenerational – seniors are a resource that can help kids grow
- 13 Strong Start Centres
- Children's rights – Children's charter: safety and security; environment
- Intergenerational project idea:
 - Seniors from a care home come to school for a semester; then school moved to care home for a semester
- Children under six: grandparents have a huge influence and are often primary or major caregiver while parents are at work

- Working with grandparents and caregivers: ECE is doing professional development with daycare staff on working with grandparents.
- One to One – intergenerational society:
 - Help groups initiate intergenerational programs and enhance existing programs
 - Canada wide
 - Intergenerational Day – June 1, 2016
 - Intergenerational.com
- Tri-Cities ECE
 - Runs avenues of change and they run a Wellington Park clean-up monthly that engages multiple age groups
- TCECD committee would like to work with TCSPN on intergenerational projects
- Are currently in planning stages on TCECD intergenerational project plans
- Would like to share minutes and possibly have members sit on each other's committees

Minutes of Previous Meeting (January 19, 2016)

- Accepted with no changes
- Moved and carried

Business Arising from Previous Meetings

Presentation to City Council

- Port Moody has a new seniors committee with a broad mandate
- Port Coquitlam has a seniors committee
- Glen Pine and Dogwood Pavilion both have advisory councils
- Can we get TCSPN minutes on a municipality website? Can we get city representatives to sit on the TCSPN?
- Recreations Centres:
 - Wilson Centre
 - Glen Pine
 - Dogwood
 - Port Moody seniors' committee (independently chaired)
- Seniors' services:
 - Housing
 - Immigrant Services
 - SHARE
- Plan:
 - We will use the results of the Housing Forum and Transportation "Forum to create a report to Council
 - Present to the city advisory and co-present to the larger Council

Housing Forum

- Minutes from the Housing Forum meeting are attached

Updates

Selina Robinson's Office

The Constituency Office will print copies of the surveys for distribution

NEXT MEETING: Tuesday, March 16, 2016 – 1 to 3pm – Poirier Library, Boardroom, 575 Poirier, Coquitlam

MINUTES: Housing Forum Planning Committee – Feb 10, 2016

Next Meeting: Tuesday March 1 at 3:00, Investor's Group

Note: Patrick will be coming from another appointment, so will join us in progress.

To summarize, we covered:

SURVEYS:

- Collected 136 so far, almost all through online survey
- Stacy will drop off surveys at mobile home gathering rooms
- When Gina returns we'll see if she will distribute via Better at Home & Food Bank
- Karen will talk to care homes about getting surveys out there when she contacts them about vendor tables
- Stacy set the survey to allow more than one response per computer
- I mapped out Postal Codes from the survey & we have a pretty good spread of responses (see attached)

VENUE:

- Decided to go with Winslow Centre as our venue
- Picked Wednesday, April 20 as our date
- Roland is going to nail down the price as either free or \$27.50 per hour
- Roland will check on table & chairs; audio system; projector screen
- Roland will confirm we can bring in our own coffee & sandwiches
- Roland will check to see how food truck licensing works, in case we decide to go that route instead of providing lunch

VENDORS:

- We'll offer 15 tables at \$125 each
- We'll need 2 freebie tables for CARP & TCSPN (we ***could*** share one), Fraser Health and maybe NIDUS.
- Karen has a list of 15-20 very interested potential vendors
- Vendors can set up at 9:00 and we'll open doors at 9:30. They will have access to participants from 9:30 to 10:00 and then during lunch at 11:45 to 12:30
- Vendors will be encouraged to offer a prize draw at their table. At 2:00 we'll have each vendor come up front and draw for the winner.

BUDGET:

- Vendors would bring in \$1,875
- Investor's Group has donated \$500
- Starbucks will donate coffee
- Thrifty's did half-price sandwiches at the Transportation Forum
- Venue will likely cost \$27.50 x 6 hours = \$165

- Insurance covered by CVC
- We could invest cash in marketing, promotion, evaluation, signs for event, a TCSPN banner

SPEAKERS & AGENDA:

- 9:00: Set up
- 9:30: Registration starts with coffee service
- 10:00 – 10:15: Welcome & greetings
- 10:15 – 10:45: Keynote on planning housing as you age – what kinds of things you should be thinking about
- 10:45 – 11:15: Fraser Health Housing Options and Process
- 11:15 – 11:45: Public & Private Housing Options
- 11:45 – 12:30: LUNCH & Vendors
- 12:30 – 1:00: Subsidies for Housing Costs, Rent, Renovations, Home Supports
- 1:00 – 1:30: Senior Panellists – Home Owner, Renter, Helping Re-Home Parents (Roland can do this one)
- 1:30 – 2:00: Wrap Up & Next Steps
- 2:00 – 2:15: Vendor Prize Draws

Two themes: Planning to STAY (in own home) and planning to LEAVE (downsizing/retirement housing)

Speaker Contacts/Ideas

- MC: Deborah Hope
- MC: Mavis Pickett – contact info at www.seniorcomic.com - Keynote – open for suggestions!
- Fraser Health - Stacy will check with Jaimie & Parneet re: best speaker
- Public & Private Housing Options - Patrick will contact Seniors Services Society Housing Counsellor see <http://www.seniorsservicesociety.ca/htofh.htm>
- Subsidies – Patrick will contact Isabelle MacKenzie (Seniors Advocate); Selina Robinson (MLA) can have additional info at her constituency table
- Senior Panellists – Roland for Re-homing parents; need two more speakers re: downsizing, renting

RESEARCH & EVALUATION:

- We may have a budget to put towards research & evaluation support
- Stacy will contact Bev Pittman at United Way to see if they are interested in doing research with Forum participants

PARTNERSHIPS/CO-SPONSORS:

- CARP will come on as co-sponsor
- Support via Karen for organizing forum
- Will promote survey & event through their own networks
- Will approach their affinity partners for support, especially around promotion & possible speakers

ATTACHED:

- Blank English printable survey – please remember to write where you want people to drop off physical surveys you hand out
- Summary of survey results to date
- Map of Postal Codes of the 107 survey responses that included postal codes 😊